

# **The Transformational Leadership Programme**

**Your Decision-making Persona** 



We all have our own preferences and methods when it comes to making decisions, whether we're aware of them or not. Sometimes these serve us well, and we feel content with the path we've chosen. Other times they can trip us up, leading to wasted time, poor courses of action and ultimately regret.

Some of the world's greatest psychologists have made it their career mission to understand exactly how we make decisions, and what the most optimum way to do so is. But... none have them have completely cracked it.

What they have worked out is that our decision making style varies on key dimensions, and each variation has its strengths and drawbacks. Knowing your own tendencies can help you play to the strengths of your decision making approach and, more importantly, check yourself when it might lead to a less than optimum choice.

To find out more about your decision making style, complete the self-assessment below by placing a tick next to the statement which best describes you. Once you've ticked all rows, add up the total number of ticks in each column and write your totals in the space at the end.

Remember - each preference and the resulting style only gives an indication of how you approach decision—making. No one style is 'better' than the other, so be honest and see where your answers take you.

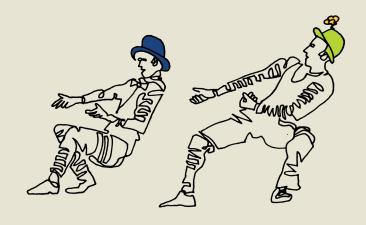
#### **Intuitive/Rational**

My decision making approach is best described as		
Broad, creative and instinctive		Analytical, logical and data-driven
When looking for the best solution to a problem, I		
Look at how similar problems have been solved elsewhere		Research the pros and cons of each approach
When someone asks me for advice, I prefer to		
Tell them what I would do in their situation		Talk through potential options they're considering
I sometimes struggle with		
Thinking things through practically		Thinking about the big picture
The best way to avoid mistakes is through		
Trusting your instincts and learning from experience		Thorough research and well laid plans
When faced with an important decision, I		
Tend to go with my gut feeling		Map out pros and cons of different options
If I need buy-in from others, I'm more likely to use		
Case studies, stories and real-life examples		Hard statistics, facts and data
The best part of planning is		
Coming up with initial ideas		Getting into the detail
People would describe me as		
Spontaneous		Considered
Intuitive		Rational

## **Maximising/Satisficing**

I'm satisfied with my choice when I have			
Considered all of the options	Found something that works		
When thinking about the future, I tend to focus on			
Imagining all potential possibilities	The most likely scenario		
I find it difficult to make decisions when there are			
Too many options	Too many things at stake		
When making a new purchase, I			
Spend lots of time researching and comparing products	Stop looking once I've found a few items that fit all my needs		
When making a group decision, I think it's most important to			
Take everyone's opinion into account	Listen to the person with the most experience		
When I feel I might be close to a decision I tend to			
Take some time to mull it over	Put in into action quickly		
When choosing a restaurant, I usually			
Research menus and scour reviews	Ask someone for a recommendation		
I'd probably delay making a decision if			
I thought a better option might come along soon	I thought my needs might change soon		
Once I make a decision			
I think about what would have happened if I had chosen differently	I don't look back		
Maximising	Satisficing		





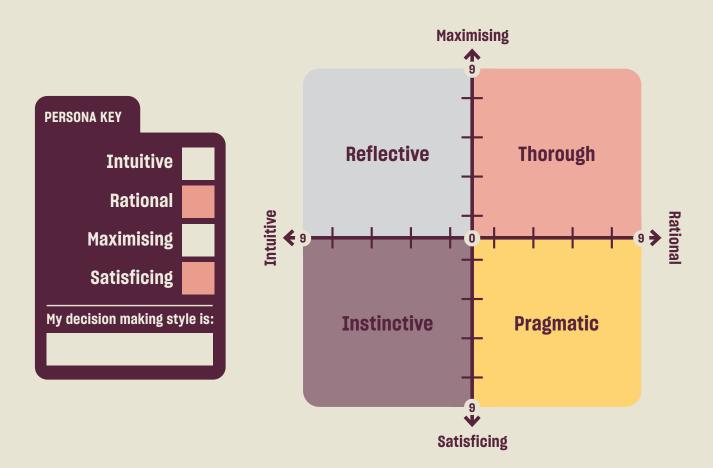
### WHAT DO THE SCALES MEAN?

**INTUITIVE/RATIONAL** What information you place most value on. The way you think about a decision, what information you use, what you rely on to give you confidence. The more intuitive you are, the more you think with your heart, basing decisions on feelings and gut instinct. The more rational you are, the more you think with your head, basing decisions on facts and data.

MAXIMISING/SATISFICING The method you use to make decisions. How much time and effort you put in, what process you use, what you need to have done to be able to move forward. A satisficing approach involves setting a few criteria, and then picking the first option that meets your needs. Speed-to-value is the priority. A maximising approach involves spending more time comparing options, until you feel content with making a choice. Accuracy is the priority.

#### To understand your decision making persona, follow the instructions below:

- 1 Transfer your totals into the table.
- 2 Use your higher score in the Intuitive/Rational section to plot where you fall on the vertical axis.
- 3 Next use your higher score from the Maximising/Satisficing section to plot where you fall on the horizontal axis.
- 4 The intersection of those two points will indicate which quadrant you fall into.
- 5 Remember, there's no right or wrong this is just a way of understanding your preferences.
- 6 Once you've identified your decision making persona, jump to the debrief slide to learn more.



## REFLECTIVE

#### **INTUITIVE-MAXIMISER**

People with this style are future thinking, big-picture aware and deliberate. They spend a lot of time contemplating - feeling out options before making their decision.

They're less concerned by facts and data and more with other perspectives. They spend time talking through important decisions with others, and when making group decisions they're compelled to fully understand all viewpoints and opinions before making a call.

**Decision-making strength:** With others involved, consensus-building and ensuring everyone is heard. On their own, seeking out lots of viewpoints and opinions of others which often tell a lot more than facts and stats.

**Decision-making drawbacks:** Can need a lot of assurance before making big decisions. Sensitive to 'decision regret', so can often dwell on decisions even after they're made.

Decision-making motto: "Only fools rush in"

**Potential for conflict:** Their appreciation for other's needs is sometimes at odds with the pragmatic, who is generally less willing to concede to issues of consensus.

#### **DECISION SITUATIONS**

**Decision-making nightmare:** Your boss unexpectedly asks you to prepare a presentation for an important meeting tomorrow. Everyone else is busy so you have to go it alone, and you're under time pressure.

**Decision-making dream:** Planning a big get together with friends. You can get right into the detail of researching hotels, restaurants and bars, taking everyone's needs and desires into account to create a truly unforgettable experience.



## THOROUGH

#### **RATIONAL-MAXIMISER**

Like a scientist, these individuals are methodological, logical and data driven. They take time to research and analyse large amounts of information to reach well informed and evidence-based conclusions.

Their great attention to detail means that no possibility or scenario gets left unexamined. Ask them how they came to a decision and they'll gladly present you with hard facts, data and evidence to back it up.

**Decision-making strength:** Their ability to take into account many variables means you can rely on them for complex, critical decisions. They build compelling cases for the options they choose, and are unlikely to make important calls without proper deliberation.

**Decision-making drawbacks:** Their knack for fully dissecting the problem means decisions take them time. They will feel uncomfortable making decisions quickly, even when it's critical to do so.

Decision-making motto: "The right answer is always out there - find it!"

**Potential for conflict:** Their high regard for facts and data can conflict with the methods of the instinctive style, who follows their nose.

#### **DECISION SITUATIONS**

**Decision-making nightmare:** Difficult stakeholders. You've shared your rationale and proposed course of action but they just shake their heads and say they don't agree. They struggle so say exactly why they're not onboard. What do you do next?

**Decision-making dream:** Buying a new car. With all the information you need at your fingertips, you can spend all the time you like creating spreadsheets and comparing prices, models and mileage.



## **PRAGMATIC**

#### **RATIONAL-SATISFICER**

Efficient, analytical and shrewd, these individuals don't hesitate. They can quickly work out what's most important and find the best option to fit the biggest needs.

Their pragmatism means they quickly adapt to new variables and don't get too attached to their ideas if another comes along. Once they've made their decision, they're quick to put it into motion and don't waste time dwelling on what could be or could have been.

**Decision-making strength:** Their practical outlook means they're great at making daily decisions without hesitation. Their awareness of how they make decisions means they can quickly get others on board too.

**Decision-making tripwire:** Though they're decisive and efficient, sometimes they can lack big picture of future focus. They simplify issues by focusing on what's most important now, but often as the expense of what could change or they could learn over time.

**Decision-making motto:** "Focus on what really matters. Forget the rest"

**Potential for conflict:** Their focus on efficiency and putting things into motion means they may struggle with a reflective style's need for assurance.

#### **DECISION SITUATIONS**

**Decision-making nightmare:** Colleagues losing their cool. No decision can solve everyone's needs all the time, so you get frustrated when others can't turn to action mode quickly.

**Decision-making dream:** An agile sprint project. As long as you're clear on what needs to be done, you can organize and prioritize with ease.



## INSTINCTIVE

#### **INTUITIVE-SATISFICER**

People with this style have strong instincts and trust these and what they've learnt from past experience to know what to do next. Whilst others are busy navel gazing and admiring the challenges they face, these people are quickly finding their way to a solution that's good enough.

Their strong sense of right and wrong and intuitive nature gives them a lot of confidence in their decisions.

**Decision-making strengths:** These people are great to have around when decisions need to be made quickly, and it's not obvious how to start the process. They're able to quickly filter through information and options and pick out a few to work with.

**Decision-making drawbacks:** Their reliance on instinct and anecdotal experience can sometimes mean they miss potentially vital information. Now and again they'll need to ensure they spend more time contemplating the detail.

**Decision-making motto:** "Trust your gut if you want to make a decision fast!"

**Potential for conflict:** Their tendency to sense their preferred option quickly can cause frustration for those with a Thorough style, who typically spends more time deliberating.

#### **DECISION SITUATIONS**

**Decision-making nightmare:** Being put onto a complex, long-term project involving lots of opinion seeking and consensus building. "We know what we need to do, why not just do it?!"

**Decision-making dream:** Designing a new home. There are endless decisions - which tiles for the bathroom, the kitchen color, where that lamp should go. But you quickly feel your way through the options and only spend worrying about what really matters.

